

Feedback On Capacity Building Workshop , attended and compiled by Mrs.Meenakshi Singh (TGT , Sst : class 8th and 9th)

Workshop : Capacity Building Programme On Life Skills

Conducted by : Archana Narain (Principal of a School in Dwarka)

Date : 27th June 2018

Timing : 9 am - 4:30 pm

Details : The workshop was divided into 4 sessions ,namely :-

1) Perspective Building On Life Skills :

- >Mrs.Narain introduced the topic with activities.
- >Made it clear as to why Life Skills is important
- >How it is related to/affects all Subjects

2) Transacting Life Skills:

- >Enhancing Life Skills in students through various methods like storytelling, role play, discussion , demonstration , innovative ways of dealing with students in class in regular activities like _ taking attendance can be made into an activity where children learn to become more aware of their friends and inculcate empathy and creativity etc .
- >CBSE Teachers Manuals on Life Skills and Students Manuals were shown. These can be procured by all teachers and schools must keep these in their libraries too.
- > Tasks given to us as groups to deepen our understanding about life skills.

3)Familiarization with Life Skills through more hands-on Activities and tests for workshop attendees.

4)Assessment Of Life Skills

Self-assessment tests and an open discussion on Life Skills culminated the workshop.

Personal Inputs :

- 1) The Workshop was extremely engaging .Mrs. Narain was extremely clear and to the point as a speaker. The whole session involved activity based learning .
- 2) It was enlightening for new educators like me to know the perspective of CBSE on value based education and how the educational authorities/organisations are working towards its implementation by formulating manuals for middle school and Senior school teachers and students as well. Also ,the various activity cards for each month that teachers can follow along with the lesson plans to equip students with appropriate Life Skills in their day to day living .
- 3) All materials needed for the workshop attendees to complete the tasks at hand were all ready and available to us .
- 4) Arrangements for refreshments and lunch were all taken care of by authorities concerned.