

Peer Education Sessions

‘If relationships never happened, you would not be able to tell the real person you are...’

Interactive sessions on ‘Managing Relationships,’ were conducted by the peer educators of class XI and IX on the 26th of November, 4th and 5th of December for the students of classes IX, VIII & VII respectively.

The session emphasized that strong positive relationships are directly linked to happiness and well-being.

Through role-plays and group discussions, the difference between real and virtual relationships were demonstrated, interpersonal and intrapersonal relationships, as well as the need to establish fulfilling relationships with the elderly were highlighted. Issues relating to adolescent relationships and the need to behave responsibly and not overstep boundaries was also discussed.

The students found the session interesting and enthusiastically participated in it.

Well done Peer Educators!

It was a really interesting session. We could interact openly with them. They gave a brief about their own life experiences when they were of our age. We got a clear understanding of the different kinds of relationships and their importance. We hope for more sessions like this.

-Manya Grover
VIII-C

