

ASSEMBLY REPORT – VII M

The students of class VII M presented a motivational assembly on the topic ‘ Healthy Eating’ on 30th November, 2018. A healthy diet is a diet that helps to maintain or improve overall health. Children sang a jingle reiterating that healthy diet provides the body with essential nutrition. Children also shared a few tips for leading a healthy lifestyle.

The Headmistress, Ms. Shalini Arora applauded the efforts of the children and presented certificates and trophies to the students who had brought laurels to the school.

