

Workshop on Epilepsy

Dr. Bansal a Neurologist and Epileptologist with Medanta conducted a workshop on Epilepsy on 15th January'18 at DPS, Gurgaon.

The workshop was attended by around 160 teachers of Primary, Junior and Middle School.

Dr. Bansal focussed on the immediate first aid to be given in case of a seizure as it takes some time for the Medical help to arrive. He also asked the teachers to avoid doing certain things while dealing with a case of seizure, and to ignore few myths about epilepsy.

Brief Summary: Dr. Bansal's advice:-

1. A child having H/O epilepsy should be treated as a normal child.
2. In case of a seizure, the child should be put in a comfortable position on one side with a cushion under the head and to loosen the clothing around the neck. One should not try to hold the child or put anything in the mouth and the scene should not be crowded.
3. The teacher should try to take the video as it will help in the diagnosis and treatment.

This First aid plan will really help us to avoid certain hazards which can accompany seizure like head injury or any other physical injury, respiratory arrest. So it can be even lifesaving at few instances.