

## Assembly Report – VII C

‘Calm mind brings inner strength and self-confidence, so that’s very important for good health.’

-Dalai Lama

Class VII C presented a motivational assembly on the topic ‘Self Confidence’ on 13<sup>th</sup> July, 2017. Self-confidence is the first step to success. It is the belief in yourself and your ability. Children recited an inspirational poem reiterating that one should have the ability to overcome all obstacles and challenges by being self-confident.

The Headmistress, Ms. Dipinder Kaur applauded the efforts of the children and presented certificates and trophies to the children who had brought laurels to the school.