## Peer Education on the topic- Peer Pressure for Middle School

"I'm not in this world to live up to your expectations and you're not in this world to live up to mine." -Bruce Lee

Peer pressure is a powerful mental force that influences everyone, but tends to more strongly affect people in their teenage years.

The Peer Educators of class X of Delhi Public School, Gurgaon, conducted an interactive session on 'PEER PRESSURE' for the students of classes VII, VI AND VIII on 14<sup>th</sup>, 15<sup>th</sup> and 21<sup>st</sup> July'16 respectively.

Insight into the topic was developed through group discussion and role plays. The session highlighted the meaning of peer pressure both positive and negative, conditions conducive to peer pressure and suggested techniques to handle and resist peer pressure. During the course of the session, students were given an opportunity to voice their opinions on this topic and were given an understanding of the Importance of making the right choices. The students gained insight and enjoyed the session.

