

## Assembly Report – VII B

The students of class VII-B presented an assembly on the topic, 'Hard Work and Time Management', on 31<sup>st</sup> January, 2020. The assembly started with the beautiful thought, “It’s too hard, is never a valid excuse. Work hard, keep a positive attitude and you can accomplish anything”.

Students shared the thought that time management is one of the most rewarding skills in one’s life. Students were made aware that learning the art of time management could yield a positive impact on their lives, like better task management, higher productivity, no stress and better work-life balance.

Time management skills are a variety of skills that help to manage time well. It also helps in staying organized, prioritizing what we need to accomplish, setting goals clearly, strong communication skills, effectively planning out the day, practising delegating tasks and handling stress in a positive way.

The assembly concluded with a poem on ‘hard work’, thereby motivating students to strike the right balance between hard work and time management, both key components for being successful in life.

The Headmistress, Ms. Shalini Arora applauded the students for presenting such a thought-provoking assembly and motivated students to practise time management, especially when exams are round the corner. She also gave away awards and certificates to the students who have brought laurels to the school.

