## **ASSEMBLY REPORT**

## "If you have the ability to love, love yourself first."—Charles Bukowski

School assembly provides an opportunity for students to consider spiritual and moral issues, develop community spirit and reinforce a positive attitude. It allows them to develop their confidence by speaking up and sharing their ideas.

The students of Class X presented an assembly on Tuesday, 22<sup>nd</sup> August 2023, on the topic 'Love Thyself'. They emphasised the importance of self-love. A man cannot be comfortable without his own approval.

The assembly commenced with a prayer followed by the thought for the day, news headlines, weather reports, a write-up and poem on 'self love' as a powerful emotion. Discussions were done and emphasis was given to the idea that "one really has to love oneself to get anything done in this world."





