

Assembly Report – Class X

“A healthy life means a happy life; a happy life means a healthy life.”

Class assembly is a very important part of school culture. It is a platform aimed at developing individual as well as life skills in students. It serves as an important resource to ignite the spirit of leadership, accountability and responsibility.

The students of Class X presented an assembly on Friday, 2nd June 2023, on the topic “Maintaining a healthy lifestyle”.

The assembly commenced with a prayer followed by thought for the day, news and a poem. Students also spoke about the significance of being healthy and shared tips to lead a healthy lifestyle. At the end of the assembly badges were distributed to the ‘good readers’.

