## DELHI PUBLIC SCHOOL, GURGAON ASSEMBLY REPORT- CLASS-VII THEME- EXAM PREPARATION

'Education is the passport to the future, for tomorrow belongs to those who prepare for it today.'

To help the students prepare well for their First Term exams, an assembly was conducted for Class VII on Tuesday, 30<sup>th</sup> August 2022, at Middle School in DPS, Sec 45, Gurgaon.

It started with a prayer and an enlightening thought which was followed by a self-composed poem recited by a student. The school Vice Head Council members, Yash Jindal and Dhriti Gupta conducted an informative and motivating session for the students. The council members enlightened the students about time management, ways to overcome exam stress, efficient planning, tips to learn and retain more information, diet, routine and alike. Furthermore, they also discussed how sleep and study breaks are essential for their health during exams.

This was followed by the inspiring words from the Headmistress, Middle School, who encouraged the students to overcome nervousness and plan time effectively to maximize learning. She especially met the students who joined the school in the current academic session to gauge their preparation and mindset. She also motivated the students to give their best and use the valuable tips for their optimum benefit. In the end, she extended her best wishes to all the students for their upcoming exams.







