

National Youth Day, commemorating Swami Vivekananda's birthday, was celebrated by class IX through class assemblies on January 17, 2024. Following are glimpse of the diverse topics covered across different sections:

**\*\*Sections A, B, C: Life and Teachings of Swami Vivekananda\*\***

In these sections, students delved into the profound life and teachings of Swami Vivekananda, focusing on the values he discussed in youth leadership. The assemblies aimed to inspire and instil these values in our students.

**\*\*Sections D, E, F: Mindfulness and Mental Well-being\*\***

Mindfulness and mental well-being took center stage in these assemblies. Students engaged in discussions and activities to promote a healthy mind, emphasising the importance of mental well-being in our fast-paced world.

**\*\*Sections G, H, I, J: Technology and its Impact on Youth\*\***

Exploring the dynamic relationship between youth and technology, these sections highlighted the impact of technology on various aspects of their lives. The assemblies fostered awareness and responsible use of technology among the students.

**\*\*Sections K, L, M, N: Inspirational Stories of Young Achievers\*\***

These assemblies showcased the incredible journeys of young achievers, offering inspiration and motivation to their peers. The stories aimed to instil a sense of resilience and determination among the students.

Assemblies play a crucial role in fostering a holistic educational environment, and the active participation of students made these sessions engaging and meaningful.

