

Report -Peer Education Session

"I would rather be a little nobody than to be an evil somebody."

-Abraham Lincoln

Bullying can have harmful and long lasting consequences for children. Besides the physical effects of bullying, children may experience various kinds of emotional and mental health issues. To sensitise the young minds and address the concerns at its provenance, the peer educators of class IX conducted interactive sessions for the students of Classes IV and V on 5th and 6th October '23, respectively on the topic 'What is Bullying vs What is not Bullying'.

The session encompassed practical examples using simple stories, to develop an understanding of Bullying, its components, causes and impact. Various types of Bullying were explained using role plays and real life examples. A quiz was held towards the end of the session using incidences as questions, to highlight the difference between Bullying and 'Not Bullying'. The peer educators also emphasised upon school being a safe space for children and re-iterated the school's zero tolerance policy towards Bullying. A three letter cue of 'Recognise, Respond and Report' was given to the children as a ready guide in case they encounter Bullying of any kind. The session concluded with a pledge to not bully anyone and not withstand any incidences of Bullying around.

The interactive session facilitated by the peer educators stimulated an insightful, healthy and a meaningful discussion directed towards apt understanding of Bullying. It also gave the students a platform to share their concerns freely. Students were encouraged to reach out to the peer educators or teachers in case of any concerns.

The sagacious session was a great learning opportunity for both the students as well as the peer educators.

