

*“With our thoughts we make the world” -Buddha*

A good teacher can inspire hope, ignite the imagination, and instil a love of learning. Keeping the above in mind, Delhi Public School, Sector 45 organised a ‘Revisiting and Realigning’ workshop for teachers on 12th March 2022. It was conducted by Mr. Rohit Kumar who is a training and programme development specialist with 15 years of training experience.

The workshop was interactive and began with an ice breaking session called the ‘fruit salad’ which helped the teachers to warm up and generated peals of laughter as the teachers rushed to exchange places with each other. The workshop focussed on seven habits of highly effective people as stated by Stephen Covey and the resource person took the teachers on a journey to explore each one of them in detail. Mr. Kumar had the teachers completely engaged as he shared his own experiences with the participants. The workshop focussed on opportunities to work together on solutions to real life challenges and practising new techniques. The videos on success stories of people like Rita Pierson and Nick Vujicic were quite motivating and inspired everyone to excel and succeed.

It was an informative and collaborative session which not only helped the teachers to delve deeper into their own self but also inspired them to achieve newer heights.

