REPORT- WORLD DANCE DAY

"Dance is nature. Listen to your heart. It dances with its own rhythm." -Pt. Birju Maharaj

Dance has the ability to bring happiness and optimism into our lives, and serves as a beautiful means of self-expression and recreation. World Dance Day is celebrated on 29th April to raise awareness about the art of dance and its importance in cultural expression, promote diversity and inclusivity, and bring people together to celebrate the joy and beauty of dance across the world.

DPS Sector 45 Gurgaon celebrated World Dance Day with a special assembly on Monday 1st May 2023. The assembly witnessed a dance recital by students from the junior, middle, and senior wings of the school, showcasing three different dance forms - Western, Bharatnatyam, and Kathak. The theme of the performances was centred around protecting the planet and promoting sustainability.

The Director Principal Ms Aditi Misra delivered an address, highlighting that dance is not just about its physical advantages, but it also reaches the soul. She emphasised the importance of taking out time to dance often, as it brings joy and is beneficial for the soul. Ms Misra also mentioned that dance is not only meant for girls, and times have changed, making everything accessible to everyone. She expressed her gratitude towards Ms Sapna Dhawan, Dean of Student Welfare and Mr Divay Dua, the Head of the Department of Dance & Music, for their efforts in organizing and executing the event.

The event was made even more special with the presence of Parent Reps, who joined in to encourage the students.

Overall, it was an inspiring and joyous celebration of dance and its ability to bring people together for a greater cause.

