

Report – Group Counselling Session

‘Gender Sensitivity’

"The world is changing, and so are the roles of men and women. It's important that we see everyone for their individual qualities, rather than simply by their gender." – Sheryl Sandberg

A group counselling session on ‘Gender Sensitivity’ was conducted for the students of Class VIII on Monday, 23rd December 2024. The objective of this session was to deepen students' understanding of gender equality, highlighting the importance of respecting all genders, and encouraging positive, inclusive interactions that promote empathy and respect.

The session included a brief discussion highlighting the meaning of Gender Sensitivity which helps student gain understanding of gender differences and its impact on individuals and the community at large. During the session, students explored various aspects of gender sensitivity and the importance of equal opportunities for all genders. The discussion aimed at creating a more inclusive environment, both in the classroom and beyond, where every student feels valued and supported.

Key points discussed included respect, which involves treating everyone with kindness and understanding; equality, which emphasizes the importance of equal opportunities and rights for all and finally empathy, which involves respecting the perspective and experiences of others. Students actively engaged in the discussion, sharing their personal experiences and instances where they had encountered gender stereotypes.

The session also highlighted the importance of creating a gender-sensitive classroom environment that fosters healthy friendships, collaborative work, and a sense of belonging for all students. Many expressed their commitment to challenging gender stereotypes and promoting equality in their interactions and daily lives. The positive feedback from students demonstrated the success of the session in raising awareness, encouraging open-mindedness.

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