

## **Report -Peer Education Session**

*“In learning you will teach, and in teaching you will learn”*

*-Phil Collins*

The peer educators of class XI conducted interactive sessions for the students of classes VIII and VI on the topic ‘Summer break-Purposeful Planning’, on 24<sup>th</sup> May 2023 and 25<sup>th</sup> May 2023 respectively, in the enrichment slot.

During the course of this session, the peer educators highlighted the importance of planning, setting a daily routine, finding passion, nurturing hobbies, building social skills, being physically active, exercising digital self-control and following a regular study routine. Maintaining the right balance between academic, social and physical domains of development, was emphasised.

The informal conversation facilitated by the peer educators stimulated an interactive, healthy and a meaningful discussion directed towards constructive utilisation of summer break. It gave the students a platform to share their concerns and ideas freely. Students were encouraged to explore ways to gain maximum productivity for a holistic development.

The session was an enriching learning experience for both the students as well as the peer educators.

P.S- Pics attached

