

## Report of Junior School Sports Day

**‘A healthy mind resides in a healthy body.’**

Sports Day for Junior school was a thrilling event filled with energy and achievements. The Sports Day commenced with the Director Principal Ms. Aditi Misra administering the oath to the participants and declaring the Sports Meet open. It was followed by an impressive March Past by the participants.

The Sports Day was a celebration of physical fitness, sportsmanship and the joy of participating in a healthy competition. The young athletes not only demonstrated their athletic abilities but also learned valuable lessons about teamwork, discipline and the spirit of sports.

The exhilarating sports events were followed by the award ceremony where medals and certificates were awarded to outstanding athletes, acknowledging their dedication and achievements in the various races. Headmistress, Middle School, Shalini Ma'am declared the Junior School Sports Meet closed. The cheers and applause echoed the spirit of sportsmanship, leaving a lasting memory of a successful and memorable day for the Junior School.



