

Report- Peer Education Session

“In learning you will teach, and in teaching you will learn”

It's a well-acclaimed fact that adolescence is an important stage of human life. It involves crucial developmental processes through which a child traverses to adulthood from childhood. It is envisaged that these changes may potentially pose pressure on adolescents and give rise to problems necessitating a holistic approach. To facilitate this holistic approach, Peer Education sessions are regularly conducted in the school across different grades, by trained peer educators.

Accordant with the above view, the Peer Educators of Class XI conducted engaging and interactive sessions for the students of classes VII and VIII on the topic 'Colloquy with Peer Educators' on 25th April '24 and 26th April '24 respectively, during the enrichment slot.

The session conducted by class XI peer educators embraced a casual conversation style that unveiled the essence of Peer Education programme, since it was the first session of the academic session '24-25. After introducing themselves, the peer educators introduced the 'Peer Education programme' in the classes and emphasised on the role of peer educators in school. Encouraging an uninhibited connect with the peer educators was the key highlight of the session. Ways to connect with peer educators were clearly spelled. A good connect was developed between the peer educators and the students of the class during the session.

The session was followed by engaging group activities to foster a spirit of team building, effective communication, inter personal skills and critical thinking. The underlying message behind the activities, was elaborately discussed with the class.

Overall, it was an enlightening experience for the peer educators who got to feel the pulse of the classes and gained an insight into the pertinent concerns in the respective class sections.

