

## REPORT - Sports Meet 2023, Middle School

*Sport has the power to change the world. It has the power to unite people in a way that little else does – Nelson Mandela*

Delhi Public School, Gurgaon held its annual Sports Day on 21st December, 2023 with great enthusiasm and energy. The event aimed to promote physical fitness, teamwork, and sportsmanship among the students.

The Sports Day commenced with a vibrant opening ceremony that included a march past by students of all the six houses. An oath was administered by the Director Principal, Ms. Aditi Misra to the players to play fair in the true spirit of sportsmanship before she formally declared the sports meet open.

This was followed by different track events wherein the participants showcased their competitive spirit, thrilling the audience with their performances. The different games for the competition included Throwball, Cricket, Chess, Basketball, Football, Badminton, Lawn Tennis, Dodgeball, Tug of War and Table Tennis.

Next in line was the prize distribution ceremony to acknowledge and reward the outstanding performances of the participants. Vice Principal Ms. Arpna Gupta along with Ms. Shalini Arora, Headmistress, Middle School, Ms. Laveena Hemrajani, Headmistress, Junior School, Ms. Suparna Sharma, Senior Mistress Senior School and Ms. Rekha Sumed, Senior Mistress Middle School awarded medals and certificates to the winners for their outstanding performances. The day concluded with the school Sports Vice Captains extending their gratitude through a vote of thanks.

The sports day promoted physical fitness, teamwork and sportsmanship. The event brought the six houses of the school together, creating lasting memories and fostering a sense of pride and unity. The dedication and enthusiasm displayed by the students made the day a memorable celebration of sports and healthy competition.

