

REPORT

WORKSHOP- VI-VIII

The enthusiastic learners of class VI-VIII participated in the insightful activities crafted for fostering the students' creative and imaginative instincts in school from 11th- 14th March,24. The activities were planned in tandem with the NEP guidelines to impart vocational and experiential learning. A plethora of activities were organised to engage the children and give them the opportunity to explore their latent talents. The various categories for which the students opted were Performing Art, Visual Art and Sports.

The pen and ink style from the 'Pen and Ink Workshop' intrigued the young minds. The knowledge of monuments was imparted through the same. Students indulged in the process of clay modelling and made roses and diyas. The workshop also focused on exhibiting the hard work and efforts put in by the potters to earn their livelihood. This was done through stories and power-point presentations.

The intricate art of stitching was also a part of the workshop this year. The 'Running Technique' of stitching was taught to the students with the help of two colours. The students found the hands-on-experience fascinating.

To enhance their gardening skills, students were shown various indoor plants and told how to nurture them indoors. In the Mindfulness workshop, students were told about the benefits of mindfulness and how one can practice the same to live a wholesome life.

In 'Fitness and Abhinaya' workshop, students were made aware of the importance of fitness and learning while playing and enacting. Various games were played by the students to foster their motor skills and coordination. Yoga, cardio and breathing exercises were taught to the students.

The four days' workshop provided the students with an opportunity to acquire new skills, learn new concepts and enjoy with their peers while learning. The perfect amalgamation of conceptual knowledge and hands-on-experience helped children gain self-confidence required to engage in new experiences.





