Report – Middle School Workshops

"By Education, I mean an all-round drawing of the best in child and man in body, mind and spirit."

- Mahatma Gandhi

In order to provide insight into diverse topics and motivate students to explore new areas of interest, online workshops namely Rap a Beat, Mime, Sketchbook, Toycathon and offline workshop on Stay Fit Stay Healthy was conducted for students of class VII to class VIII.

Rap-a-Beat workshop was all about teaching children to prepare, compose and sing a rap song. Children were quite enthusiastic about the workshop and composed their own rap songs. They were also encouraged to explore new options and combine rap songs with music using different applications.

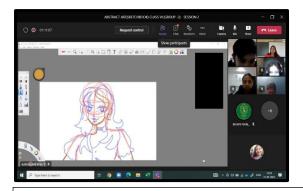
MIME workshop acquainted participants with MIME and its nuances. Students learnt the theatrical technique of suggesting action, character or emotion without words. They were explained about 'Navras', the nine different moods and had fun performing with music on various topics given by the facilitator.

Toycathon. based on government's initiative to innovate toys and games was an equally interesting workshop in which the students learnt how to make different toys out of recycled material. Children tried their hands on 3d shapes, board games and flexi cube and were quite excited to innovate and create.

Abstract Art workshop helped spark the child's love for creativity and technology by exploring the Autodesk Sketchbook software. Children learnt to freely express their thoughts, ideas and feelings. Drawing on sketchbook also helped with children's development of fine motor skills as they learnt to control their finger grip and movement to the ideas they are expressing.

Exercise is vital to the health and well-being of children and children love to play and be active. **Stay Fit Stay Healthy** workshop entailed various activities like Jumping Jacks, planks, balancing and sports activities like dodgeball, volleyball etc

Children were quite excited and participated wholeheartedly in the workshops. The workshops inculcated in children a sustained motivation to learn, ability to think critically and creatively and an opportunity to practice new techniques.





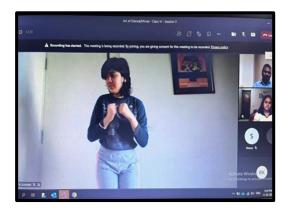
Abstract Art





Toycathon





MIME





Stay Fit Stay Healthy





Rap-a-Beat