

### **Adventure trip for Duke of Edinburgh – IAYP participants**

The adventure trip to Mussoorie, as a part of the programme, Duke of Edinburgh's - International Award for Young People (IAYP), was organised from 30<sup>th</sup> Sep'23 to 3<sup>rd</sup> Oct'23 for the students of classes IX to XI.

The students embarked on an exciting action packed journey and explored their adventurous spirit, under the supervision of trained staff from RockSport Adventures. Participants trekked through the picturesque landscapes of Mussoorie, where they took part in a Maggi and tea making session amidst the lush wilderness. This unique experience not only satisfied their culinary cravings but also instilled a sense of self-sufficiency and resourcefulness.

Activities like raft making and water sports tested the students' adaptability and problem-solving skills as they crafted rafts and engaged in thrilling water-based adventure. High rope climbing, bridge crossing, pitching of tents and learning to tie different kinds of knots kept the students on their toes.

The joy of mastering new skills was evident from the enthusiasm displayed by the participants. Strenuous activities like Rock climbing and Rappelling were performed with great vim and vigour. Catchy slogans kept the spirits high throughout the camp duration. 'Stream Run' provided a thrilling and unique experience to the participants who found themselves immersed in the natural beauty of the region. This provided a unique perspective on the local ecosystem and allowed students to appreciate the flora and fauna of the region.

Guerrilla warfare was a fun activity that saw two groups competing with each other, learning important life skills. At night the campsite rang with cheerful sounds of foot tapping music as everyone sang and danced around the bonfire.

The camp activities came to a culmination with a feedback and prize giving ceremony. Overall the camp was a wonderful experience encouraging students to embrace nature. The participants performed all the assigned tasks enthusiastically and worked within their teams with sportsmanship simultaneously managing their time to complete the tasks. The active participation of the students in all the activities was praiseworthy. This adventurous and fun filled trip developed team spirit, decision making, self-discipline and various other life skills among the students.









